



**ProQuest Central is a large multi-disciplinary academic database. It consists of a collection of smaller subject specific databases. You can access information such as journal articles, dissertations, newspaper articles and company information.**

### Electronic Resources Login

Click on the resource title, you will see the University of Bolton's Electronic Resources Login. Enter your usual university username and password and login.

### Location

ProQuest Central can be found in the **Electronic Resources** section of the Library website or **Databases** from the Quick Links menu. There may also be links to it from your subject page. Click on 'P' from the A-Z list and then click on **ProQuest Central** (alternatively, it is possible to select one specific database from the list contained in ProQuest Central, eg, Accounting and Tax.)

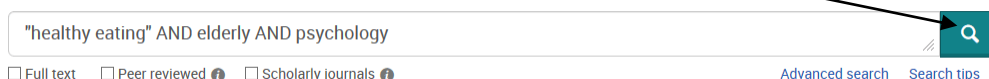
### Finding Information

Choose **Select All** to search all of the databases or use the tick boxes to select particular resources. Click on '**Use selected databases**' to access the search screen.

Select databases to search, then click **Use selected databases** to go to the search form.



Enter your search terms in the box and click **Search**.



You can click on **Advanced search** for more search options and **Search tips** for help. Think about the keywords that are most relevant to your research. You will need to do several searches using different keywords to find enough information for your assignments.

## Viewing Results.

To read an article click on the title or the full text/pdf links. Some journals in ProQuest Central are Abstract only (an abstract is a summary of an article) and therefore, do not have a full-text link. Click on **360 LINK to Full Text** to see if we have the article in another database, if not you can order it using the online Inter-Library Loans service - [www.bolton.ac.uk/library/Borrowing/Inter-Library-Loans.aspx](http://www.bolton.ac.uk/library/Borrowing/Inter-Library-Loans.aspx). However, there should be plenty of full-text articles available for your research. You can remove abstract only results by ticking the **Full text** box and running the search again.

The screenshot shows a ProQuest search interface. At the top, the search bar contains the query: "healthy eating" AND elderly AND psychology. Below the search bar, there are filters for "Full text", "Peer reviewed", and "Scholarly journals". The results list shows two items. The first item is "Factors that influence overweight and obese men's participation in healthy eating, exercise, and weight management programs" by MacDonald, Tiare Michelle. The second item is "Relationships among Self-Efficacy, Health Beliefs and the Self-Management Behaviors of Healthy Eating and Physical Activity among Adults with Type 2 Diabetes" by Caulfield, Kristin J. A box highlights the "Scholarly Journals" filter, and another box highlights the "Click here to select a result" link.

Click on **Scholarly Journals** to view the results from academic journals only, this is the highest quality academic information and you should start with these results before looking at magazines, trade publications etc.

When viewing a list of results you can mark the relevant ones by clicking in the tick box next to it. This enables you to carry out further searches until you have a sufficient set of relevant articles. These results are accessible through **Selected items** during your current session. However they will not be retained when you exit the database. Setting up a **My Research** account, in the top right corner, will enable you to permanently save documents. You can also export the citations to Refworks if you have set up a Refworks account.

**Discover@Bolton:** note that the content of ProQuest Central is also available via Discover@Bolton. See the Discover@Bolton cribsheet for details.

## Further Information

For help on searching for academic information please see our other user guides and cribsheets. Speak to a member of staff at the Help Desk or contact your Subject Librarian. Telephone 01204 903232 or email [subjecthelp@bolton.ac.uk](mailto:subjecthelp@bolton.ac.uk).